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REIDA EL OAKLEY, MBBS, FRCS, MD



Consultant Cardiac Surgeon, Venicia Hospital /

Director of Med. Services, LIMU, Benghazi, Libya - July 2021 - date

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Graduated from **Benghazi** Medical School in 1983, obtained my **FRCS (Edinburgh)** in 1989, **MD (Manchester, UK.)** in 1995, and **Accreditation in Cardiothoracic Surgery (Singapore)** in 2000.

After higher surgical training in the London / Manchester, worked as a **Consultant Cardiothoracic Surgeon since 1999**. My primary interest is in surgery for coronary artery disease with particular emphasis on arterial revascularization, OPCAB and MIS. I am fortunate to have had the opportunity to **contribute the development of two successful cardiac surgery programs**; Gleneagles JPMC Heart Centre, Brunei (2003-2004), the Prince Salman Cardiac Centre, Riyadh (2005-2006) and KASH, Taif (2019-2020) as the Chief Cardiac Surgeon / Head of Department.

**Team Building Abilities and Outcome of Surgery**; During appointments in **Brunei** as a Chief Cardiac Surgeon and as Head of Department at the Prince Salman Cardiac Centre, King Fahad Medical City as well as KASH, we built excellent teams of health care professionals who were able to guarantee an excellent start in both cardiac surgery programs, despite a relatively small number of cases e.g. in Brunei we have performed the first 100 open-heart operations in the country within the first 6 months with 100% 30-day survival. During my appointments in **Singapore and the Prince Sultan Cardiac Centre**, both of which are high volume units, I was able to perform an average of 170 operations per year with results that rivals many international institutions.

**Qualifications:**

Singapore Specialist Accreditation - CTS Surgery	2000
MD (Manchester University, UK)	1996
FRCS (Edinburgh, UK)	1989
MBBS (Benghazi University)	1983

**Medical Registrations:**

Libya	2010-date
Malaysia and Saudi Arabia	2005 – 2013
Brunei Medical Council	2003-2004
Singapore	1999-2003
GMC, UK (3447866)	1987-1998
Qualifying Examinations;	
1. PLAB test, UK	1986
2. Canadian Qualifying examination	1987
3. ECFMG, USA	1988

**Consultant Appointments:**

- Consultant Cardiothoracic Surgeon and Head of Cardiac Centre, KASH, Taif, KSA  
November 2019 – February 2021 – (curtailed by COVID19)
- MOH, Int. Gov. Libya & Consultant CTS, TMC 2014 - 2018
- Head of CTS / Surgical Services, BMC 2010 - 2012
- Consultant Cardiac Surgeon 2006 - 2009  
Prince Sultan Cardiac Centre, Riyadh, Kingdom of Saudi Arabia
- Head of Cardiac Surgery Department 2005 – 2006  
Prince Salman Heart Center, King Fahad Medical City  
Riyadh, Kingdom of Saudi Arabia
- Chief Cardiothoracic Surgeon 2003 – 2004  
Gleneagles JPMC (Semi-private) Cardiac Center  
Darussalam, Brunei
- Associate Professor / Consultant 2000 – 2003  
National University Hospital, Singapore
- Locum Consultant CTS Surgeon
  - Al Hada Military Hospital, Taif Feb-April 2005
  - King Abdulla Medical Centre, Mecca Jan-Feb 2011

**Post-graduate Training:**

- Cardiothoracic Surgery 1999 – 2000  
Associate Consultant  
National University Hospital, Singapore
- Cardiothoracic Surgery 1997 – 1998  
Senior Registrar, Riyadh Armed Forces, Riyadh, KSA
- Cardiothoracic Surgery 1993 – 1996  
Registrar Rotation  
London Chest Hospital & Royal Brompton Hospital, London
- Cardiothoracic Surgery 1990 – 1993  
Clinical Tutor (Registrar)  
Manchester University, UK
- Cardiothoracic Surgery March – August 1990  
SHO St. Thomas's Hospital, London, UK
- General Surgical Rotation March 1998 – November 1989  
SHO Rotation, Medway Hospital, Kent, UK
- Cardiothoracic Surgery March 1987 – Jan 1988  
SHO, Harefield Hospital, Middlesex, UK
- Medical Oncology August 1986 – January 1987  
SHO (Hon.), Guy's Hospital, London, UK
- General Medicine February 1984 – July 1986  
SHO Rotation, Hawari Hospital, Benghazi, Libya
- H. O. in Medicine and Surgery Feb. 1983 – January 1984  
Hawari Hospital, Benghazi, Libya

**Academic Achievements:**

As a **Lecturer in Cardiac Surgery (Manchester 1990-1993)** and a **Professor of Surgery (University of Singapore 2000-2003 and as Adjunct Professor until 2012)** we have developed patient-oriented basic science and clinical research programs such as the use of skeletal muscle for heart failure and the use of cell transplantation for myocardial repair. We have published more than 70 papers in peer reviewed international journals including *Circulation*, *Lancet* and *JACC*, in collaboration with Scientists, Cardiologists, Anesthetists, and Biomedical Engineers.

**Inventor to the following Patents;**

1. **PCT/SG2003/000027.** Physiologically Compatible Cardiac Assist Device and Method. El Oakley RM, Lim HS
2. **US Patent No. 7,407,672.** Composition Derived from Biological Materials and Method of Use and Preparation. Vijay RP, Lim TT, El Oakley RM

**Administrative Experience:**

Member of Graduate Committee for Research NUS	2003 to date
Coordinator for Advanced Medical Science Unit NUS/University of Melbourne	2001 to date
Member of the Medical Advisory Board Gleneagles JPMC Cardiac Center, Darussalam, Brunei	2003 – 2004
Clinical Director Cardiovascular Research, The Heart Institute, Singapore	2002 – 2003
Member of the Ethical Committee New Surgical and Interventional Practice, Singapore	2001 – 2003
Honorary Auditor, Singapore Cardiac Society	2001 – 2002

**Membership of Professional Organizations:**

**International** (American Heart Association  
American Society of Artificial Internal Organs  
European Association for Cardio-Thoracic Surgery)  
**National** (Cardiothoracic Society of Great Britain and Ireland,  
Singapore Medical Association, Singapore Cardiac Society)

**Editorial Board Membership:**

Open Medicine Journal	2019-date
Finance Forum – Singapore,	2018 - date
JTCS – Pakistan	2018 – date
Asian Cardiovascular and Thoracic Annals	2001-2011
American Society for Artificial Internal Organs	2005-7
The Journal Cell and Tissue Banking – Holland,	2003-5

**Invited to Review to:**

Journal of the American College of Cardiology, USA  
Annals of Thoracic Surgery, USA  
The Wellcome Trust, UK  
NMRC and The BM Research Council “A\*STAR” Singapore  
Medical Science Monitor, Poland

**Abstracts / Presentations:**

More than 80 published abstracts / comments, as well as more than 40 invited presentations in International Meetings including the American Heart Association, American Association of Thoracic Surgery, CTT Meeting, EACTS, SCTS and the British Cardiac Society.

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 Operations performed as the first surgeon or as 1<sup>st</sup> assistant

## Surgery for Acquired Heart Disease

	First Surgeon	1 <sup>st</sup> Assistant
CABG	1730	>3000
Valve Procedures	350	>1000
H/L Transplantation	2	25
Organ Harvesting	28	7
Cardiomyoplasty	-	5
Others (including combined procedures)	186	252

## Surgery for Congenital Heart Disease

	First Surgeon	1 <sup>st</sup> Assistant
ASD/VSD	38	62
TOF repair	11	30
Glenn shunt	10	32
PDA ligation/division	15	35
MBTS	23	61
Others (PA banding)	26	11

## Thoracic Surgery

	First Surgeon	1 <sup>st</sup> Assistant
Lung resections	54	146
Other thoracotomies	86	127
Others (Endo'y/Med'y)	76	150

**Previous Research Experience:**

- July 1996 – August 1997      Experimental research in Cardiovascular Gene Therapy  
Research fellow to Professor Magdi Yacoub  
Department of Cardiothoracic Surgery, Imperial College School  
of Medicine  
National Heart and Lung Institute  
Dovehouse Street, London
- April 1992 – October 1993      Clinical and experimental research in the use of skeletal muscle for  
cardiac assist. This lead to an MD Thesis; Cardiomyoplasty  
Research fellow in Cardiac Surgery for Mr. A. Dieryania and Mr.  
T. Hooper  
Wythenshawe Hospital  
Southmoor Road, Manchester

**Grants acquired (as PI or co PI):**

1. El Oakley et al. Transplantation of tissue stem cells from adult bone marrow. BMRC grant (R-176-000-066-305). S\$ 1.6 x 10<sup>6</sup>
2. El Oakley et al. Prevention of myointimal hyperplasia of human veins using retroviral cell – mediated gene therapy. NMRC, Singapore (0402/2000). S\$ 135, 300.00
3. Lim Yean Teng, Reida El Oakley, Samuel Sam Wah Tay, Srinivasan Dinesh Kumar. Effects of diabetes mellitus, hypertension and hyperlipidemia on coronary artery innervations. NMRC/0443/2000, s\$ 134, 800.00
4. El Oakley RM, Brand N, Yacoub MH. Induced expression of gap junctions in skeletal muscle cells. The British Heart Foundation 1996. £ 74, 000
5. Jarvis JC, El Oakley RM. Critical evaluation of a new technique for long – term cardiac assistance from skeletal muscle. British Heart Foundation 1994. £ 25, 351
6. Hooper TL, El Oakley RM. Intra – mural blood flow of skeletal muscle ventricles functioning as aortic diastolic counterpulsators. The British Heart Foundation 1992. £ 31, 055
7. Odom NJ, El Oakley RM. A technique for studying function of an isolated, perfused and ventilated lung in the rat. Central Manchester Health Authority 1991. £ 3, 600

## PUBLICATIONS

ORCID ID <https://orcid.org/0000-0003-4101-8998>

1. *Funding Health Care in the Shadow of War*. By **Reida El Oakley** - Guest contributor, Aug 31, 2015
2. *Consultation on the Libyan health systems: towards patient-centered services*. El Oakley RM, Ghrew MH, Aboutwerat AA, Alageli NA, Neami KA, Kerwat RM, Elfituri AA, Ziglam HM, Saifenasser AM, Bahron AM, Aburawi EH, Sagar SA, Tajoury AE, Benamer HT; National Health Systems Conference. *Libyan J Med*. 2013;8. doi: 10.3402/ljm.v8i0.20233. Epub 2013 Jan 24.
3. R. El Oakley. *Underfunding Health Research: Failure of Diplomacy or Lack of Political-Will?* *International Journal of Health Research and Innovation*, vol. 1, no. 2, 2013, 29-36 ISSN: 2051-5057 (print version), 2051-5065 (online) Science press Ltd, 2013
4. *Management-oriented classification of mitral valve regurgitation*. ElOakley R, Shah A. *ISRN Cardiol*. 2011;2011:858714. doi: 10.5402/2011/858714. Epub 2011 Jul 14.
5. *Surgical treatment of functional mitral regurgitation in dilated cardiomyopathy*. Al-Amri HS, Al-Moghairi AM, El Oakley RM. *J Saudi Heart Assoc*. 2011 Jul;23(3):125-34. doi: 10.1016/j.jsh.2011.04.001. Epub 2011 Apr 16. Review.
6. El Oakley R. *Commentary: successful combined use of the Impella Recover 2.5 device and intraaortic balloon pump support for cardiogenic shock after acute myocardial infarction*. *ASAIO J*. 2010 Nov-Dec;56(6):517-8. doi: 10.1097/MAT.0b013e3181fe5b90. No abstract available.
7. *Lessons from the SYNNTAX trial*. Alamri HS, Alotaiby M, Almoghairi A, El Oakley RM. *J Saudi Heart Assoc*. 2010 Apr;22(2):35-41. doi: 10.1016/j.jsh.2010.02.003. Epub 2010 Feb 24.
8. *Derivation and characterization of human fetal MSCs: An alternative cell source for large-scale production of cardioprotective microparticles*. Lai RC, Arslan F, Tan SS, Tan B, Choo A, Lee MM, Chen TS, Teh BJ, Eng JK, Sidik H, Tanavde V, Hwang WS, Lee CN, Oakley RM, Pasterkamp G, de Kleijn DP, Tan KH, Lim SK. *J Mol Cell Cardiol*. 2010 Jan 11.
9. *Exosome secreted by MSC reduces myocardial ischemia/reperfusion injury*. Lai RC, Arslan F, Lee MM, Sze NS, Choo A, Chen TS, Salto-Tellez M, Timmers L, Lee CN, El Oakley RM, Pasterkamp G, de Kleijn DP, Lim SK. *Stem Cell Res*. 2010 Jan 4.
10. *Extended application of percutaneous pulmonary valve implantation*. Momenah TS, El Oakley R, Al Najashi K, Khoshhal S, Al Qethamy H, Bonhoeffer P. *J Am Coll Cardiol*. 2009 May 19;53(20):1859-63

11. [Late complex biventricular repair after bidirectional cavopulmonary shunt.](#) Al Qethamy H, El Oakley RM, Tageldin MM, Abdulhamed JM, Al Faraidi Y. *J Card Surg.* 2008 Nov-Dec;23(6):719-21.
12. [Minimally invasive transventricular implantation of pulmonary xenograft.](#) Al Qethamy H, Momenah T, El Oakley R, Al Redhyan A, Tageldin M, Al Faraidi Y. *J Card Surg.* 2008 Jul-Aug;23(4):339-40.
13. [Should an angiotensin-converting enzyme inhibitor be given at the time of reperfusion therapy in acute myocardial infarction?](#) McLachlan CS, Ocsan R, Hambly B, El Oakley R. *Am Heart J.* 2008 Jul;156(1):e1.
14. [Severity scoring system for ventricular septal defect.](#) El Oakley R, Al Qethamy H, Al Saeedi A, Al Yousef S, Momenah T, Al Faraidi Y. *Pediatr Cardiol.* 2008 Sep;29(5):1016-7. Epub 2008 Jun 13.
15. [Choice of prosthetic heart valve in today's practice.](#) El Oakley R, Kleine P, Bach DS. *Circulation.* 2008 Jan 15;117(2):253-6.
16. [Effects of transcatheter closure of Fontan fenestration on exercise tolerance.](#) [kidecho@yahoo.com](mailto:kidecho@yahoo.com). Momenah T, Eitayb H, Oakley RE, Qethamy HA, Faraidi YA. *Pediatr Cardiol.* 2008 May;29(3):585-8. Epub 2007 Dec 11.
17. [Contractile and vasorelaxant effects of hydrogen sulfide and its biosynthesis in the human internal mammary artery.](#) Webb GD, Lim LH, Oh VM, Yeo SB, Cheong YP, Ali MY, El Oakley R, Lee CN, Wong PS, Caleb MG, Salto-Tellez M, Bhatia M, Chan ES, Taylor EA, Moore PK. *J Pharmacol Exp Ther.* 2008 Feb;324(2):876-82.
18. [Reduction of myocardial infarct size by human mesenchymal stem cell conditioned medium.](#) Timmers L, Lim SK, Arslan F, Armstrong JS, Hofer IE, Doevendans PA, Piek JJ, El Oakley RM, Choo A, Lee CN, Pasterkamp G, de Kleijn DP. *Stem Cell Res.* 2007 Nov;1(2):129-37.
19. [PI3 K/Akt/mTOR-mediated translational control regulates proliferation and differentiation of lineage-restricted RoSH stem cell lines.](#) Que J, Lian Q, El Oakley RM, Lim B, Lim SK. *J Mol Signal.* 2007 Sep 25;2:9.
20. [Elucidating the secretion proteome of human embryonic stem cell-derived mesenchymal stem cells.](#) Sze SK, de Kleijn DP, Lai RC, Khia Way Tan E, Zhao H, Yeo KS, Low TY, Lian Q, Lee CN, Mitchell W, El Oakley RM, Lim SK. *Mol Cell Proteomics.* 2007 Oct;6(10):1680-9.
21. [Letter by McLachlan et al regarding article, "Cough cardiopulmonary resuscitation revisited".](#) McLachlan CS, Yow SZ, Al-Anazi M, El Oakley RM. *Circulation.* 2007 May 15;115(19):e460
22. Total arterial coronary revascularization using arterial bypass circle with multiple inflows. Reida El Oakley and Hamad Al Habib. *The Annals of thoracic surgery* 83 (5), 1911 – 2 (May 2007) [info:pmid/17462439](https://pubmed.ncbi.nlm.nih.gov/17462439/) | [info:doi/10.1016/j.athoracsur.2006.06.056](https://doi.org/10.1016/j.athoracsur.2006.06.056) Posted by eloakley (who is an author) to oakley el on Wednesday, May 09, 2007 at 17:39 UTC



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  24. Establishing Clonal Cell Lines with Endothelial - Like Potential from CD9, SSEA - 1 Cells in Embryonic Stem Cell - Derived Embryoid Bodies. Qizhou Lian et al. *PLoS ONE* 1, 6 (2006) [info:pmid/17183690](#) | [info:doi/10.1371/journal.pone.0000006](#)
  25. Expression of neuronal nitric oxide synthase in the internal thoracic artery and saphenous vein. George D. Webb et al. *The Journal of thoracic and cardiovascular surgery* 132 (5), 1131 - 6 (Nov 2006) [Info:pmid/17059934](#) | [info:doi/10.1016/j.jtcvs.2006.08.001](#) Posted by [eloakley](#) (who is an author) to [oakley el](#) on Wednesday, May 09, 2007 at 17:37 UTC
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33. Preoperative microalbuminuria, haptoglobin phenotype 2-2, and age are independent predictors for acute renal failure following coronary artery bypass graft. H D Luo et al. *Annals of the Academy of Medicine, Singapore* 33 (5 Suppl), 15-6 (Sep 2004) [info:pmid/15651187](https://pubmed.ncbi.nlm.nih.gov/15651187/) Posted by [eloakley](#) (who is an author) to [oakley el](#) on Wed May 09 2007 at 17:25 UTC
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